

Self discovery is the outside  
+ expression to  
a freedom.

Why is society nihilistic..

You can redirect right but  
you could save it.

Self discovery is the antidote to boredom; though in our current excessively over bankrolled consumerism mode of existence boredom is now parallel to numbness. Rather than find solutions to the boredom be it for fun or for financial freedom (a shameful but currently necessary game we're bamboozled into playing), we numb ourselves to our emotions (vital self expression) & to our state of being. Rather than admit we've created a literal heap of garbage through our stagnating mentality of existence, we eat ourselves to death & play victim to the circumstances of our choices (the effects of our cause). We are the living dead. (Charles Baudelaire quote)  
When confronted with our choices through consciousness (a.k.a C.Jung) or ~~strictly~~ self reflection (if we are faced with two choices):  
Choose to choose, or choose not to which is still a choice. numb yourself or face yourself. Repress & damage or express & manage your life.  
For some people that means keep up a mindless existence that consists of culturally acceptable mirrors (T.M.). For those that chose to, finding an understanding & aligning yourself with conscious choice & knowledge will fulfill the void we mostly avoid.